

RAISING **BIG** KIDS with BAFFLING BEHAVIORS a course for parents

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HOW TO BECOME AN EXPERT IN YOUR CHILD'S BEHAVIOR

MODULE 1

What You See Isn't What
You Get

MODULE 2

Regulated, Connected Kids
who Feel Safe Do Well

MODULE 3

A New Lens on Behavior

NOW LET'S "FIX" THOSE BEHAVIORS

MODULE 4

Getting to Know the
Owl, Watchdog &
Possum Brain

MODULE 5

Growing the Owl Brain with
Felt Safety

MODULE 6

Growing the Owl Brain with
Connection & Co-
Regulation

MODULE 7

Calm the Watchdog
Brain

MODULE 8

Calm the Possum Brain

MODULE 9

What to Do when the Owl
Brain Returns

WHY KNOWING ISN'T EVEN HALF THE BATTLE

MODULE 10

Why You Can Know What
to Do, and Still Really
Struggle to Do It

MODULE 11

How to Become More
Tolerant of Baffling
Behaviors

MODULE 12

Keeping Your Cool When
the Chaos Feels Like Too
Much